



GET TO KNOW FALL RIVER AND THE NEARBY SERVICES:

Fall River offers a vibrant community with many services, places to eat, and outdoor activities. Here's a peek into some of the offerings:

Daily Essentials & Shopping

- **Groceries:** A large **Sobeys** and the **Vegetorium Country Farm Market** (known for fresh local produce) are the main stops. Location: 2900 Highway 2, Fall River
- **Retail:** The Fall River Plaza and surrounding area include an **NSLC**, **Shoppers Drug Mart**, **Guardian Drug Store**, and **Pet Valu**. Location: 3286 Highway 2, Fall River
- **Banks & Post:** There is an **East Coast Credit Union** (3290 Highway 2, Fall River), an **RBC ATM** (1488 Fall River Rd, Fall River), and a **Canada Post** outlet (in Shoppers Drug Mart, 3260 Highway 2, Fall River).

Dining & Social

- **Sit-down:** **The Fourth Lock** (<https://www.thefourthlock.ca/> - located right on the water at the lock system, 3104 Highway 2, Fall River) and **The Turtleback Tap & Grill** (<https://www.theturtleback.ca/> - 3187 Highway 2, Fall River) are local favorites.
- **Café:** **Good Day Kitchen & Café** (<https://www.thegooddaycafe.ca/>) – located in the heart of Fall River with a lake view, open for breakfast, lunch and coffee six days a week. - 1480 Fall River Rd, Fall River
- **Quick Service:** You'll find the usual staples like **Tim Hortons**, **McDonald's**, **A&W**, **Subway**, and local pizza shops like **Pizzadelic** and **Joey's Pizza**.

Recreation & Wellness

- **Gordon R. Snow Community Centre:** This is the primary hub for the area. It features a fitness center, gymnasium, skatepark, and a public outdoor space with trails and a playground.
- **Parks & Trails:** **MacDonald Sports Park** offers extensive hiking and biking trails. Nearby **Laurie Provincial Park** and **Oakfield Provincial Park** provide excellent picnic spots and seasonal camping.
- **Golf:** The prestigious **Ashburn Golf Club** (New Course) and **Oakfield Golf & Country Club** are both just a few minutes away. Both are private and require membership.

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Health & Professional Services

- **Health:** The community has the **Fall River Family Practice**, **Fall River Dental**, and several wellness clinics like **Fall River Collaborative Health Centre** (formerly called Fall River Chiropractic) and **Choice Health Centre**.
- **Animal Care:** **Fall River Animal Hospital** is located right in the village center.

Transportation

- **Transport:** There is a **MetroX Park & Ride** (Route 320) that provides express bus service to downtown Halifax and the Airport.

Outdoor pursuits

The Fletcher's Lake and Fall River area is a haven for outdoor enthusiasts, largely due to its position on the **Shubenacadie Canal Waterway**. Whether you're a fan of the water or the woods, there's plenty to do right in your backyard.

On the Water

Fletcher's Lake is a central link in the historic canal system, making it perfect for:

- **Paddling:** You can kayak or canoe from Fletcher's Lake north into Shubenacadie Grand Lake or south into Lake Thomas. It's a scenic route with relatively calm waters, though a few short portages are required to move between lakes.
- **Swimming:** Nearby **Oakfield Provincial Park** has a dedicated freshwater beach on Grand Lake with lifeguards on duty during the summer months.
- **Boating:** There is a public, wheelchair-accessible boat launch at **Oakfield Provincial Park** for those looking to get powerboats or larger craft onto Grand Lake.
- **Fishing:** The lakes are popular for bass and trout fishing. (Just remember to grab your Nova Scotia sport fishing license first!)

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On the Trails

- **MacDonald Sports Park:** This is the local "hidden gem." It features about **6 km of trails** through the woods and along the shoreline. It's excellent for:
 - **Hiking & Trail Running:** Well-maintained paths like the *Big Paul's Loop*.
 - **Mountain Biking:** Several singletrack trails ranging from beginner to intermediate.
 - **Winter Sports:** When there's enough snow, the trails are used for cross-country skiing and snowshoeing.
- **Laurie Provincial Park:** Offers quieter, shorter walking trails in a lakeside setting, perfect for a peaceful morning stroll. If you wish to camp, campsite bookings for the 2026 season at this park officially open on **April 8 and 9, 2026**
- **Shubenacadie Canal Greenway:** A mix of multi-use trails and historic lock sites that are great for cycling or learning about the area's 19th-century history.

Sports & Parks

- **Gordon R. Snow Community Centre:** Features an outdoor **skate park**, basketball courts, and a playground.
- **Golf:** You are within 10-12 minutes of two major (private) courses: **Ashburn Golf Club** and **Oakfield Golf & Country Club**.
- **Organized Sports:** The community has several baseball diamonds and soccer fields used by local leagues.

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